

LAMA MARUT. Will be teaching from Geshe Michael and Lama Christie's new book "The Eastern Path to Heaven" Lama will give us an in-depth look at the New Testament from a Buddhist perspective and explore how Christ revealed the secrets of reaching Heaven and changing your world using Karma and Emptiness.

MERCEDES. Will be drawing from the "The Interior Castle" to inspire us with music and meditations from the life of St. Teresa of Avila, the Christian mystic who was born in 1515. She will also guide us through a flowing yoga practice inspired from Tibetan Heart Yoga's "The Yoga of the Dakinis"



Star in the East  
presents:

# Cultivating a Relationship with the Divine

Emptiness & Ecstasy in Christianity  
with Lama Marut and Mercedes Bahleda



Preregister by March 12th \$90  
After March 12th \$100  
Drop in per day rate \$60

Limited Space, Please register  
early call or e-mail the Three Jewels  
threejewels.nyc@gmail.com 212.475.6650  
or to: [www.starintheeast.org](http://www.starintheeast.org)

April 12th & 13th,  
2008 12 - 5pm



The Three Jewels